

# Why consider a clinical trial for melanoma?

Clinical trials have greatly improved melanoma treatment, **but more research is needed**

Since 2011,

# 19

new cutaneous (skin) melanoma treatments have become available.



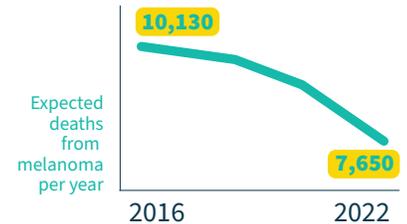
These new treatments include:

- **Immunotherapies**, which boost the body's immune system to find and attack cancer
- **Targeted therapies**, which target and attack the parts of melanoma cells that make them different from normal cells

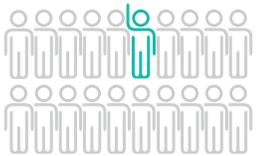
In 2018, the researchers who developed immunotherapy for melanoma won the **Nobel Prize in medicine**.



As a result, fewer people are dying from melanoma, even though more people are being diagnosed with it.



**More research** means **more patients with melanoma** are needed to volunteer



**Only 1 out of 20 people with cancer take part in a clinical trial.**

**Patients say they don't take part because:**

- They aren't aware of clinical trials
- They think clinical trials don't happen where they live
- They think clinical trials are only for patients if standard, approved treatments don't work

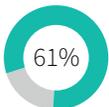
**1 in 5** clinical trials for cancer medicines (oncology trials) don't enroll enough volunteers.

This means new treatments can't complete testing and be made available to people with cancer.



Most people who join clinical trials say it's a **worthwhile experience**

In surveys of people who have volunteered for clinical trials:



said taking part in a clinical trial is **not at all disruptive** or **not very disruptive** to their general daily routine



said the care they received during a clinical trial was **the same** or **better** compared to their usual care



**would recommend volunteering** to family or friends

Volunteers' **top 3 reasons** for taking part in clinical trials:

1. Helping to advance science and treatment
2. Getting better treatment
3. Helping others

You may get access to a promising new treatment that is not available to the general public by taking part in a clinical trial.

You'll get a chance to have all your questions answered before you decide to take part.

After you join, you can leave a clinical trial at any time, and for any reason.



**Only 2 in 10** people say their doctors have discussed medical research with them.

Many melanoma experts believe that clinical trials could be your first and best treatment option.

➤ Search [www.melanoma.org/clinical-trials](http://www.melanoma.org/clinical-trials) and speak to your doctor about clinical trials that might be a good fit for you.

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